ADVANCED PILOT STAGE		
After attaining Pilot rating:	Date	Coach/Inst. signature
A ALL pilots must:		
1) Complete a 10 km cross-country flight.		
2) Complete a 20 km cross-country flight.		
3) Complete a 30 km cross-country flight.		
Complete a cross-country flight in excess of 10km ending at a Declared Goal. (This flight may be one of the above flights.)		
5) Complete a 20 km (total) Out-and-Return cross-country flight.		
Have a total of at least 100 hours logged airtime in the relevant discipline.		
<ol> <li>Display an ability to fly competently and safely in the company of others; maintaining a good lookout, complying with the Rules of the Air and exhibiting good airmanship.</li> </ol>	9	
8) Pass the AP written examination paper.		
<ol> <li>Demonstrate the correct attitude to continue a flying career both safely and competently.</li> </ol>		
B All PG pilots must:		
<ol> <li>Maintain directional control whilst showing recovery from tucks of not less than 50%.</li> </ol>		
† NOTE: Exercises 11,12 and 13 are all to be carried out ove attendance and with the pilot wearing a buoyancy aid and em SIV Fact Sheet).		
† Demonstrate safe and effective use of spiral dive (or B line stall if pilot is averse to high g) rapid descent techniques.		
12) † Demonstrate safe and effective recovery from a spin.		
13) † Demonstrate safe and effective recovery from a full stal	l.	